

# nutritional values for siggi's skyr!

## Nutrition Facts: Plain

Serving Size 1 container 170 g 6oz

Amount per serving		
Calories	100	Calories from Fat -
% Daily Value*		
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	70 mg	3%
<b>Total Carbohydrate</b>	6 g	2%
Dietary Fiber	0 g	0%
Sugars	4 g	
<b>Protein</b>	17 g	
Vitamin A	0%	Vitamin C 0%
Calcium	20%	Iron 0%

## Nutrition Facts: Blueberry

Serving Size 1 container 170 g 6oz

Amount per serving		
Calories	120	Calories from Fat -
% Daily Value*		
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	65 mg	3%
<b>Total Carbohydrate</b>	13 g	4%
Dietary Fiber	0 g	0%
Sugars	10 g	
<b>Protein</b>	16 g	
Vitamin A	0%	Vitamin C 0%
Calcium	20%	Iron 0%

## Nutrition Facts: Orange&Ginger

Serving Size 1 container 170 g 6oz

Amount per serving		
Calories	120	Calories from Fat -
% Daily Value*		
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	65 mg	3%
<b>Total Carbohydrate</b>	12 g	4%
Dietary Fiber	0 g	0%
Sugars	10 g	
<b>Protein</b>	16 g	
Vitamin A	0%	Vitamin C 0%
Calcium	20%	Iron 0%

## Nutrition Facts: Pear&Mint

Serving Size 1 container 170 g 6oz

Amount per serving		
Calories	120	Calories from Fat -
% Daily Value*		
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	65 mg	3%
<b>Total Carbohydrate</b>	13 g	4%
Dietary Fiber	1 g	2%
Sugars	10 g	
<b>Protein</b>	16 g	
Vitamin A	0%	Vitamin C 0%
Calcium	20%	Iron 0%

## Nutrition Facts: Pom&Passion

Serving Size 1 container 170 g 6oz

Amount per serving		
Calories	120	Calories from Fat -
% Daily Value*		
<b>Total Fat</b>	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	5 mg	2%
<b>Sodium</b>	65 mg	3%
<b>Total Carbohydrate</b>	13 g	4%
Dietary Fiber	0 g	0%
Sugars	11 g	
<b>Protein</b>	16 g	
Vitamin A	0%	Vitamin C 0%
Calcium	20%	Iron 0%

\* Percent Daily Values are based on a 2,000 Calorie diet. Your daily values may be higher or lower depending on your calorie needs

# siggi's skyr ingredients!

## **Plain**

Ingredients: Skim Milk, Live Active Cultures Vegetable Rennet

(Live cultures: B. Lactis, L. Acidophilus, L. Delbrueckii Subsp. Bulgaricus, L. Delbrueckii Subsp. Lactis, S. Thermophilus)

## **Blueberry**

Ingredients: Skim Milk, Agave Nectar, Blueberries, Live Active Cultures Vegetable Rennet

(Live cultures: B. Lactis, L. Acidophilus, L. Delbrueckii Subsp. Bulgaricus, L. Delbrueckii Subsp. Lactis, S. Thermophilus)

## **Orange&Ginger**

Ingredients: Skim Milk, Agave Nectar, Candied Ginger, Orange Extract, Live Active Cultures, Vegetable Rennet

(Live cultures: B. Lactis, L. Acidophilus, L. Delbrueckii Subsp. Bulgaricus, L. Delbrueckii Subsp. Lactis, S. Thermophilus)

## **Pear&Mint**

Ingredients: Skim Milk, Agave Nectar, Pear, Mint Extract, Live Active Cultures, Vegetable Rennet

(Live cultures: B. Lactis, L. Acidophilus, L. Delbrueckii Subsp. Bulgaricus, L. Delbrueckii Subsp. Lactis, S. Thermophilus)

## **Pomegranate&Passion Fruit**

Ingredients: Skim Milk, Agave Nectar, Passion Fruit, Pomegranate, Live Active Cultures, Vegetable Rennet

(Live cultures: B. Lactis, L. Acidophilus, L. Delbrueckii Subsp. Bulgaricus, L. Delbrueckii Subsp. Lactis, S. Thermophilus)

The logo for siggi's, featuring the brand name in a lowercase, serif font. The 'i' in 'siggi's' has a dot above it, and the 's' at the end has a tail that loops back under the 'g'.